Community Education

- Basket Weaving
- Arts & Crafts
- Cake Decorating
- Essential Oils
- Horticulture
- Music
- Personal Finance
- Tennis
- Exercise
- And 300+ online classes!

4 Easy Ways to Register

Online
www.communityeducation.eku.edu

By Phone
Call (859) 622-1228.
O’Donnell Scholarship participants only.

In Person
Our office is located in Room 304 of the Perkins Building on Kit Carson Drive.

By Mail
Mail check with class information to:
EKU Community Education
202 Perkins Building
521 Lancaster Avenue
Richmond, KY 40475

Community Education Staff

Dr. Susan Cornelius, Associate Director
Susan.Cornelius@eku.edu
(859) 622-6216

Shari VanHoose, Administrator
Shari.VanHoose@eku.edu
(859) 622-1217

Cindy Hamilton, Assistant
Cindy.Hamilton@eku.edu
(859) 622-1228

Office hours:
Monday-Friday, 8:00am-4:30pm
(Closed 12:00-1:00pm for lunch)

*NEW Summer Hours May 13-Aug. 9*
Monday-Thursday, 7:30am-4:00pm
Friday, 7:30am-12:30pm
(Closed 12:00-1:00pm for lunch)

Workforce Development

- Generational Differences
- Effective Team Building
- Workplace Communication
- Legal Issues
- Time Management
- Excel
- Accident Prevention
- Managing Stress
- Creative Problem Solving
- Project Management
- Six Sigma
- Human Resources
- State Registered Nurse Aide

Special Certificate Programs

- Six Sigma
- First Line Basic Supervision
- First Line Advanced Supervision

OSHA Training Institute Education Center

- Hazardous Materials
- Permit Required Confined Space
- Machine Guarding
- Ergonomics
- Electrical Standards
- Excavation, Trenching, and Soil Mechanics
- Respiratory Protection
- Fall Protection

Special Certificate Programs

- EKU Certified Safety and Health Specialist
- Public Sector Safety and Health Fundamentals
- Correctional Safety Officer Certificate
Registration Policy
Tuition must be paid at the time of registration. When registering online, please have your Mastercard, Visa, American Express, or Discover number. If you prefer to pay by cash or check, you may register by mail or in person. We maintain waiting lists for all classes, and instructors prepare materials for a limited number of participants. Please do not come to class without first registering. Know your schedule in advance. Once you have registered for a class, the tuition is non-transferable and cannot be applied to other classes.

Confirmation
Participants will receive a class reminder courtesy call or email approximately 3 to 5 days prior to class for each paid registration. If you do not receive a courtesy call or email prior to class, please contact our office, as Community Education may not have your most up to date telephone number or email address. If a class is full or cancelled, or if there is any change in class time or location, you will also be notified by phone or email.

Refunds
Full tuition refunds will be issued if a class is cancelled. If you choose to cancel your registration and notify the Office of Community Education no later than 2 working days prior to the first class, you will be issued a refund minus a $5 cancellation processing fee. The day of the class is not to be included in the “two working days prior” (examples: a Wednesday class may be cancelled on Monday, but not Tuesday; a Thursday class may be cancelled on Tuesday, but not Wednesday; a Monday class may be cancelled on Thursday, but not Friday.

Class Cancellations
Each class has a minimum enrollment that must be met in order for the course to be held. Classes with low enrollment will be cancelled shortly before the starting date and refunds will be issued.

Parking
Community Education participants attending courses in the Perkins Building may park in the “general” lot adjacent to the Perkins Building. Participants attending classes held in other campus buildings will receive a parking permit valid only in Alumni Coliseum Commuter Lot from 6:00am - 4:30pm and in any Commuter Lot after 4:30pm. On Saturdays, all employee and commuter campus parking lots are open to Community Education participants. Alumni Coliseum is not available on football game days.

Changes
For reasons beyond our control, it is sometimes necessary to change instructors, course content, location, time and date. Your understanding in these circumstances will be appreciated.

Material/Supply Fees
Additional fees and/or materials are required for some courses. Check the course description for the cost of such fees, which are paid directly to the instructor.

Inclement Weather
Should inclement weather force the cancellation of classes, Community Education participants will be contacted by email or phone, if possible. Community Education daytime classes will be cancelled if EKU is closed or on a 2-hour delay. If EKU evening classes are cancelled, Community Education evening classes will be cancelled. All EKU class/event cancellation and delay announcements are posted on EKU’s home page, www.eku.edu, broadcast on WEKU-FM (88.9FM) and Lexington television stations WLEX-TV (Channel 18), WKYT-TV (Challenge 27) and WTVQ-TV (Channel 36). Generally, the information is available to listeners/viewers by 6 am. Call 622-2239 for up-to-date announcements.

O’Donnell Scholarships
In accordance with KRS 164.284, persons age 65 or older are eligible to enroll in Community Education classes at no cost, contingent upon slot availability. Proof of age is required at time of registration. O’Donnell Scholarships only apply to tuition and do not include textbooks, equipment, supplies, trips or tours. Please ask about additional cost when registering for the class. Participant assumes the responsibility of the full tuition cost of the course if they fail to cancel two (2) working days prior to the first class and/or do not attend the course.

Tobacco-Free Policy
EKU is a tobacco-free campus. The use of any tobacco product is prohibited.

Equal Opportunity/Affirmative Action Statement
Eastern Kentucky University is an Equal Opportunity/Affirmative Action employer and educational institution and does not discriminate on the basis of age (40 and over), race, color, religion, sex, sexual orientation, gender identity, gender expression, pregnancy, ethnicity, disability, national origin, veteran status, or genetic information in the admission to, or participation in, any educational program or activity (e.g., athletics, academics and housing) which it conducts, or in any employment policy or practice. Any complaint arising by reason of alleged discrimination should be directed to the Office of Equity and Inclusion, Rice House, Eastern Kentucky University, 521 Lancaster Avenue, Richmond, Kentucky 40475-3102, (859) 622-8020 or the Assistant Secretary for Civil Rights, U.S. Department of Education, Office for Civil Rights, Lyndon Baines Johnson Department of Education Building, 400 Maryland Avenue, SW, Washington, DC. 20202 1-800-421-3481 (V), 1-800-877-8339 (TDD).
Richmond & Corbin Basket Weaving
with Jill Moseley

All Richmond classes will be held in the Perkins Building.
All Corbin classes will be held at the EKU Corbin Campus, One Pennington Way.

**Wool Drying Basket (Intermediate)**

Statement piece! This basket could be used for many things such as afghans, quilts, knitting, or is beautiful as is. It is an open weave bottom base that is reinforced with supports and is raised off the floor with wood. Measures 13” x 12” x 11”. Supplies in the amount of $30 is payable to the instructor at the beginning of class.

$51 • Th, July 11
Corbin: 10am-2pm
Richmond: 5-9pm

**Chunky Market (Beginner)**

This is a basket with uses that can range from bathroom towels to picnics. Woven on a “D” handle with a filled base and a touch of fall colored dyed reed for accent. Measure approximately 10” x 13” x 8”. Supplies in the amount of $25 is payable to the instructor at the beginning of class.

$51 • Th, Oct. 10
Corbin: 10am-2pm
Richmond: 5-9pm

**Biscuit Basket (Beginner-Intermediate)**

More than a biscuit basket. This adorable biscuit basket is woven on a rectangular wooden base and has a square notched handle. Learn to finish the basket off with a unique rimming technique. 8” x 10” and is 9.5” tall. Supplies in the amount of $25 is payable to the instructor at the beginning of class.

$51 • Th, Aug. 8
Corbin: 10am-2pm
Richmond: 5-9pm

**Field Basket (Intermediate)**

One of my favorite baskets ever! A large twill woven Field Basket with bushel handles. Base measures 11” x 11” and approximately 11” high without the handles. Supplies in the amount of $30 is payable to the instructor at the beginning of class.

$51 • Th, Oct. 24
Corbin: 10am-2pm
Richmond: 5-9pm

**Oval Shopper (Beginner-Intermediate)**

Weave this basket starting with an oblong wooded base and ending with a swing handle. Starting with dyed stakes, you will create a wide band of dyed reed making a beautiful but simple pattern. You will also receive the patterns to weave two other sizes on your own. Supplies in the amount of $25 is payable to the instructor at the beginning of class.

$51 • Th, Sept. 12
Corbin: 10am-2pm
Richmond: 5-9pm

**Christmas Wishes (Beginner-Intermediate)**

A larger size market basket, perfect for the holidays or anytime. Measures 20” x 9” x 10”, accented with green and red dyed reed and woven on a “D” handle. Supplies in the amount of $25 is payable to the instructor at the beginning of class.

$51 • Th, Dec. 5
Corbin: 10am-2pm
Richmond: 5-9pm
Arts & Crafts

**Hand Painted Door Hangers**

**Staci Schwartz**

Paint personalized and hand lettered seasonal door hangers. You may choose your own personalization (monogram, last name, greeting, etc.) to add to your door hanger. **Supplies in the amount of $25 will be payable to the instructor at the beginning of class.**

**Perkins Building**

#1 • $16 • W, Sept. 18 • 6-7:30

#2 • $16 • W, Nov. 6 • 6-7:30

**Sketchbook Exploration**

**Crimson Duvall**

In this class, participants will explore a variety of different themes each week using multiple mediums including: pencil, ink, paint, collage and more. Come and explore your creativity! **A supply list will be mailed prior to the class.**

**Perkins Building**

$49 • T, Aug. 6-27 • 6-8pm

**Fall Wreath Making**

**Mary Adams**

We will welcome autumn and guests to your home by making a cute wreath for your front door. This cute pumpkin design will be a hit for all! **Supplies in the amount of $25 will be payable to the instructor at the beginning of class.**

**Perkins Building**

$19 • Th, Sept. 5 • 5-7pm

**Winter Wreath Making**

**Mary Adams**

The only thing missing this holiday season is the perfect wreath for your front door. Come join us as we make a rustic, simple winter wreath. Holiday spirit included! **Supplies in the amount of $25 will be payable to the instructor at the beginning of class.**

**Perkins Building**

$19 • Th, Nov. 14 • 5-7pm

**Watercolor Painting**

**Pat Williams**

Beginner, intermediate and advanced participants are welcome. Beginners can learn a variety of basic watercolor skills and techniques, as well as basic principles of color theory, composition, fixing mistakes and special effects. Intermediate and advanced students can concentrate on improving their skills. Beginner students should bring photos of watercolor paintings they admire. Intermediate/advanced students should bring one or more of their own paintings to class for suggestions for improvement. The goal of this class is for each student to identify a direction to pursue in their personal watercolor journey. **Participants should bring watercolor paints, papers, brushes, and a water receptacle.**

**Perkins Building**

$92 • M/W/F, Sept. 23-Oct. 4 • 5-7pm
Interested in teaching a class for Community Education?
Go to http://jobs.eku.edu/postings/6955 and apply today!

Kid's Art Class
Staci Schwartz
Process based art class for kids! Students can work together or create their own individual pieces. Projects will include a large mural, spin art machine and sensory bin. Ages 4-12. **Supplies in the amount of $10 will be payable to the instructor at the beginning of class.**
Perkins Building
$16 • W, Oct. 9 • 6-7pm

Fairy Gardening for Adults
Cynthia Domenghini
Participants will learn creative approaches to designing a fairy garden. During the class, participants will create a self-contained fairy garden to take home. **Supplies in the amount of $30 will be payable to the instructor at the beginning of class.**
Carter Building, Room 12
$19 • T, Oct. 22 • 6-8pm

Fall Floral Design
Cynthia Domenghini
Participants will learn floral design basics and complete a fall floral display to take home. **Supplies in the amount of $25 will be payable to the instructor at the beginning of class.**
Carter Building, Room 12
$19 • T, Sept. 10 • 6-8pm

Fairy Gardening for Children
Cynthia Domenghini
Participants will learn creative approaches to designing a fairy garden. During the class, participants will create a self-contained fairy garden to take home. **Supplies in the amount of $30 will be payable to the instructor at the beginning of class.** Ages 5-13. Children must be accompanied by an adult.
Carter Building, Room 12
$13 • T, Nov. 12 • 6-7pm
Looking for a class not listed in the catalog?

Check out our Ed2Go Online Program which includes 300+ classes you can choose from.

See the back cover for more details.
Reiki: Level I
Sheila Harlan
Reiki is an ancient Buddhist technique of relaxation that facilitates healing. Learn the history of Reiki, receive attunement to Reiki Level I, learn hand placement techniques, and practice with other participants.

Perkins Building
$41 • W, Sept. 11 • 5-9pm

Reiki: Level II
Sheila Harlan
Reiki Level II is recommended for those who have enjoyed and benefited from Level I and wish to deepen their connection with Reiki, as well as, activate the advanced tools. This class introduces the first three Reiki symbols that attune to specific Reiki energy frequencies which will intensify your energy flow, provide protection, facilitate mental and emotional healing and allow for long-distance healing. Prerequisite: Reiki Level I attunement certificate. Recommended Reading: Reiki: The Healing Touch: First and Second Degree Manual by William Lee Rand.

Perkins Building
$41 • W, Oct. 30 • 5-9pm

Healthy Living
Essential Oils 101
Sarah Foley
Essential Oils are gaining popularity quickly, but they aren't the latest fad. Essential Oils have been used globally for centuries to aid in our body's ability to heal naturally. These super potent drops are derived from plant life and can be great in supporting yourself and your family’s overall health and wellness. Come and learn all about Young Living Essential Oils. Learn what they are, their endless uses and smell their essence. You will also have the opportunity to make some products using essential oils to take home. You will leave with a basic knowledge and how to incorporate them in your daily routines. Supplies in the amount of $10 will be payable to the instructor at the beginning of class.

Perkins Building
$19 • T, Oct. 22 • 6-8pm
Financial Survival for Retirement

Michael Todd Avery

This class focuses on the financial challenges and opportunities unique to today’s retirees. If you are retired or within five years of retiring, and you want straightforward answers to your questions and concerns about your financial future, then this class is for you. You will learn strategies to better manage and control your investments in today’s fast-paced financial markets including where to find growth, security, and income for retirement. You will also learn insightful information about financial products such as mutual funds and insurance products like annuities and why neither may be the right fit for your retirement. The class will explore the current income tax environment including the 2017 “Trump” tax changes and how they affect your bottom line. Along those lines you will also learn a variety of helpful information from basic tax strategies to advanced techniques used by high-net worth individuals to avoid unnecessary taxes and how to reduce taxes on income from IRA’s and your 401k. This class will also teach you a basic understanding of Medicare, Medicaid and how to protect your family and your hard earned life savings from a health care catastrophe. You’ll learn what to do about increasing long-term care insurance premiums and how to use low earning savings and money market accounts to protect you from nursing home spend down. Finally you will uncover common estate planning mistakes and how to avoid them and how to pass your life savings to your heirs with minimal probate costs, tax and legal costs. This class is very interactive, questions will be welcomed and class handouts will be informative and valuable.

Perkins Building
$25 • T, Oct. 1 & 8 • 6-8pm

An Introduction to Voiceovers... (Getting Started in Voice Acting)

“Wow, you have a great voice!” Have you heard that more times than you can count? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters and think, “I could do that!” If so, then you could have what it takes to begin working as a professional Voiceover Artist. Explore the voiceover industry with your instructor, a professional, working voice actor from the voice acting training company, Voices For All, in a one-on-one, personalized, video chat setting. Discover the current trends in the industry and how they make it easy and affordable for just about anyone to get involved. In this one-time, 90-minute, introductory class, you’ll also learn about the different types of voiceovers and the tools you’ll need to find success. And then...we’re rolling! Your instructor will record you as you read a real script, then offer you some coaching so you can improve your delivery. Your instructor will take notes on your performance so you can receive a professional voiceover evaluation later. After the class, you will have the knowledge necessary to help you decide if this is something you’d like to pursue. Check out the video at http://www.voicesforall.com/ooo to get a better sense of how the class works. 18 and over. You owe it to yourself to finally explore the possibilities of this fun and rewarding field! Requirements: Students must have Internet Access and Video Chatting capabilities using a method such as: Skype (for PC/Mac users) or iChat/FaceTime (for Mac Users).

$49
This is a personalized one-on-one video conference class. Once you register, you will be contacted by Voices for All to set up your video conference.

Piano Lessons

Come learn the basics of reading and playing the piano. Beginners and Intermediate levels are welcome. The instructor will teach at each student’s level.

Foster Building
#1 • $34 • M, Aug. 26-Oct. 7 • 6-7pm
   (No class Sept. 2)
#2 • $34 • M, Oct. 21-Nov. 25 • 6-7pm

Find us on Facebook!
facebook.com/ekucommunityeducation
Mind and Body Tune-up
Pat Rogers, RN
Mental and physical lifetime fitness exercise program; designed for men and women of ALL ages, to improve quality of life through movements. Participants will choose the movements that are safe and possible for their condition; from physical challenges due to injury, surgery, or chronic conditions to the athlete. Research has shown participants have reported improved bone and muscle strength, flexibility, balance, circulation, breathing and energy. Correct body mechanics are taught for sitting, walking, use of stairs, etc. Exercises are designed for fall prevention and various ways to get up from a fall are taught, according to Body Recall: A program of Physical Fitness for the Adult, author Dorothy Chrisman. Wear comfortable clothing and shoes and please refrain from perfumes for maximum health benefits for everyone. Please note that class will be cancelled if Madison County Schools are out due to inclement weather or on a 1 or 2 hour delay.

Richmond Senior Citizens Center
$209 • T/Th, July 2-Dec. 5 • 12:30-1:30pm

Body Ready Lite (BRL)
Fred Crump
A program based on Body Recall that will improve muscle strength, increase flexibility, balance, circulation, and overall body performance. Exercise and prevent the possibility of falling. BRL provides information on how to fall, fall prevention, and various safe ways to get up. BRL is for everyone and designed to improve quality of life through exercise. Wear comfortable clothes and shoes. The Richmond Senior Citizens Center will provide the necessary materials through the instructor.

Exercise for Adults with Chronic Conditions
Clarisa Williams
This exercise program is designed for adults with chronic conditions aged 18-90 years. Any type of chronic condition is accepted. Some examples are: arthritis, cancer, low back pain, Multiple Sclerosis, Parkinson’s, spinal cord injury, total joint replacements, fibromyalgia or osteoporosis. Exercise programs are individualized and based on the goals and needs of each participant. These may be designed to improve muscular strength, cardiovascular endurance, balance and flexibility.

Richmond Senior Citizens Center, Weaver Building
$59 • Th, Sept. 5-Dec. 5 • 4:45-5:45pm
(No class Nov. 21)

Karate for All Ages: Traditional Shotokan
Robin George
People from ages 6 and up will profit from the self-discipline gained through Karate. Benefits include self-control, technical skills, self-defense, self-improvement, and competition skills. Whether you’re 6 or 60, this just might be what you and your family are looking for. Testing will take place on the last day of class. If you wish to test, participants must pay a $25 testing fee payable to the instructor.

Perkins Building
$76 • T/Th, July 9-Sept. 24 • 6:30-7:30pm
(No class July 25, Aug. 8, Aug. 20)

Adult Tennis Clinic
C.B. Watson
Bring your racket and join the fun! Learn new skills or improve old ones under the watchful eye of a coach. Learn to play the sport of a lifetime! Please, no black soled shoes. Ages 15 and older.

Adams Tennis Center
$92 • M, Oct. 28-Dec. 2 • 8:30-9:45pm
OFFERED THIS SUMMER IN LEXINGTON, LOUISVILLE & ONLINE

Program for 4-Year-Olds and Entering Kindergartners
In this fun summer program, your child will learn to read. Children in this program learn letter recognition, beginning phonics, and easy sight words. Your child will learn to read simple words and short sentences, and will develop a love of books and reading.

Program for Entering 1st Graders
Your child will learn to read independently in this fun summer program. Children in this program learn phonics and sight words, improve comprehension, and develop a love of books and reading. Your child will get excited about learning to read and get off to a great start in first grade.

Program for Entering 2nd Graders
In this fun summer program, your child will become a fluent, independent reader. Children in this program build solid phonics and word-attack skills, and develop reading fluency and comprehension. Your child will gain confidence and develop a love of books and reading.

Program for Entering 3rd Graders
Your child will become a strong, fluent reader in this fun summer program. Children in this program develop long-word decoding skills, reading fluency, and good comprehension. Your child will gain confidence and develop a love of books and reading.

Programs for Entering 4th Graders and Entering 5th Graders
In these fun and effective summer programs, your child will become a skilled, enthusiastic reader. Students in these programs develop long-word decoding skills, fluency, and strong comprehension. Your child will complete homework more quickly and easily, be more successful in school, and develop a love of books and reading.

Programs for Entering 6th-8th Graders and Entering 9th-11th Graders
In these effective and enjoyable programs, your student will improve comprehension in both fiction and non-fiction, and will learn to read twice as fast. Students in these programs learn the best way to read textbooks, take notes, and study for tests. Your student will complete homework more quickly and easily, get better grades, and enjoy reading more.

Program for Adults, Entering 12th Graders, and College Students
Learn to double your reading speed in difficult material and triple your reading speed in easier material, while improving comprehension, concentration, and retention. You’ll save time and get more out of everything you read!

Highly Skilled Teachers Make Learning Fun!
These enrichment programs are offered by Eastern Kentucky University, Community Education. Classes are taught by instructors from the Institute of Reading Development.

FOR MORE INFORMATION OR TO REGISTER
Call 1-800-451-1263
POPULAR ONLINE COURSES

Accounting Fundamentals
Give yourself skills that are in high demand by exploring corporate accounting with a veteran instructor.

Introduction to SQL
Gain a solid working knowledge of the most powerful and widely used database programming language.

Effective Business Writing
Improve your career prospects by learning how to develop powerful written documents that draw readers in and keep them motivated to continue to the end.

Project Management Fundamentals
Gain the skills you’ll need to succeed in the fast-growing field of project management.

A to Z Grant Writing
Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

Speed Spanish
Learn shortcuts to help you engage in conversational Spanish, as you build your language skills and develop fluency.

Introduction to Microsoft Excel
Become proficient in using Microsoft Excel and discover how to create worksheets, workbooks, charts, and graphs quickly and efficiently.

Grammar Refresher
Whatever your goals, a grasp of English grammar is important if you want to improve your speaking and writing skills.

Computer Skills for the Workplace
Gain a working knowledge of the computer skills you’ll need to succeed in today’s job market.

Learning Writer’s Workshop
Get a taste of the writer’s life and improve your writing skills in this introduction to writing creatively.

Intermediate Microsoft Excel
Take your Microsoft Excel skills to the next level as you master charts, graphs, PivotTables, Slicers, Sparklines, AutoFilter, macros, and other advanced Excel functions.

Creating WordPress Websites
Discover how to easily create blogs and websites with WordPress, the world’s most popular Web publisher.

Human Anatomy and Physiology
Learn the basic characteristics of the four main types of tissues, the general and special senses, cellular metabolism, body chemistry, and significant events in the life span, from fertilization through old age.

SAT/ACT Prep Course
Master the reading, writing, English, and science sections on the ACT and new SAT.

Explore a Career in Medical Coding
Learn how to use the CPT manual and the ICD-10-CM to find medical codes for any disease, condition, treatment, or surgical procedure.

Medical Terminology: A Word Association Approach
Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Visit our website for more courses and view start dates for the courses that interest you!

www.ed2go.com/eku